

ByOsmosis Therapies - Hypnotherapy Abbreviated Contract

Private and Confidential

Please read this contract in its entirety. It is designed to protect your interest as a client - by making an appointment you are agreeing to the following terms and conditions.

Welcome to ByOsmosis Therapies

My name is Ed Christmas. I am a qualified hypnotherapist, and am in continuous study to improve the quality of my practice.

At ByOsmosis Therapies, we maintain a deep respect for the client and, through the therapy, wish to help the client find their own inner resources to address their issues more confidently and with greater personal power.

Our primary concern is your wellbeing - hypnotherapy is just a doorway.

Ethical Notice

Edward Christmas abides by the NHS (National Hypnotherapy Society) standards of ethics and the BACP (British Association of Counsellors and Psychotherapists) Ethical Framework. Edward Christmas aims that his practice follows the best codes of practice and provides the highest degree of respect, honesty and care for the client.

Suitability for Therapy

- You are 18 years of age or over
- You do not have a heart condition or high blood pressure
- You are not taking medication that affects mental state
- You are not feeling suicidal - if you are, please contact your GP for an emergency appointment or The Samaritans - Their contact number is 116 123.
- You are not under the influence of or dependent on alcohol or recreational drugs.
- You are not under the supervision of psychiatrists, are suffering from any diagnosed psychiatric condition, psychological illness or epilepsy.
- You are neither adopted, nor do you have a direct connection with a person who is adopted - ie: child, parent, sibling.

The reason for this is that my training does not currently qualify me to practice with clients that are in one or more of these categories.

Standards of Behaviour

By agreeing to have hypnotherapy with Edward Christmas and to these terms and conditions, you agree to:

- Practice mutual respect and safeguarding from abuse
- Respect any person at the therapy practice, including them and their property
- Agree to never to be under the influence of alcohol or recreational drugs when arriving in the place of therapy, except those prescribed by a GP or doctor.

If you, the client, behaves in such a way that does not meet these standards of behaviour, the therapist reserves the right to cancel the session and any further therapy sessions.

Cost of Sessions

The cost of the session will be agreed between the client and the therapist during the initial consultation, but may be reviewed if there is a change in the client's circumstances.

Ed Christmas will not increase the cost of the session once it has been set with each individual client.

This will need to be paid within 24 hours of the session, via bank transfer, or in cash at the time of the session.

Cancellation or Modification of Sessions

If you, the client, wish to cancel or to modify the time or date of an appointment please give us at least 24 hours notice.

**If you do not give us at least 24 hours notice,
and are not present at the originally agreed upon session time,
you will be charged the full rate for the appointment,
regardless of the reason for non-attendance.**

We will aim to always give you more than 48 hours of warning if we cannot make a session. If for any reason we cannot continue practicing, you will be referred towards another trusted therapist or establishment in the hopes of continuing your therapeutic process.

Terminating the Agreement

If you decide to terminate your contract with us, no reason or justification is required. However, if you feel comfortable in discussing the reason with us, this can be helpful in case you wish to resume therapy at a later date. It could also be helpful for us, to better understand how to improve the quality of our practice.

Print Name of Client:

Print Name of Therapist:

Signature of Client:

Signature of Therapist:

Date:

Date: